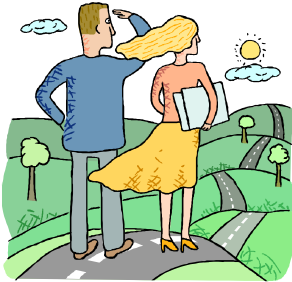




We serve people with disabilities through support and advocacy

1222 East State Street Rockford, IL 61104-2230 * tel: 815 965 3455 * Fax: 815 965 3673 * www.arcwbo.org



Legal and Future Care Planning

Presented by

Theresa M. Varnet, M.S.W., J.D.

March 26, 2010 at The Arc

9:00am-4:00pm; 8:30am registration

Topics will include:

- Negotiating the Social Security Maze
- Preserving Eligibility for Government Benefits through Proper Estate Planning
- Special Needs Trusts
- Guardianship and Less Restrictive Alternatives- The Implications for Consent
- Health Care Proxies (Advance Directives)
- Selecting a Knowledgeable Attorney

Families of The Arc of Winnebago, Boone and Ogle Counties must register directly. Call 815-965-3455.

Fees for other participants:

\$35- Parent/Family Member

\$55- Professional

All members of The Arc of IL receive a 10% discount.

Brochure/Registration Form is available at www.thearcofil.org, www.arcwbo.org, or by calling The Arc of Winnebago, Boone and Ogle Counties.

Skills Training

The Arc is holding Skills Training for youth and adults interested in improving their social skills.

The following courses will address

Healthy Relationships and Sexuality.

Topics covered include:

- Private and Public Language and Behavior
- Friendship and Dating Communication
- Sexuality and Reproductive Health

Seating is limited.

Call 815-965-3455 by March 2nd to sign up.

Location: The Arc,

1222 E. State St. Rockford, IL

Time: 5:30pm – 7:30pm

Course 1-

Thursday March 4th, 11th and 18th

-OR-

Thursday May 6th, 13th and 20th

Course 2-

Thursday, April 8th, 15th and 22nd

-OR-

Thursday June 10th, 17th and 24th

Chocoholic Frolic

Thanks to all who made
the 3rd Annual
Chocoholic Frolic a success!





March

Activity Calendar



Don't forget to turn your clocks ahead one hour 2am Sunday the 14th. Daylight Savings begins.

Anyone planning on coming to any Arc activity MUST sign up at least 48 hours in advance. Call (815) 965-3455. Right of admission reserved.

If you have never attended an Arc activity, or have not done so in the past year, you must schedule an intake meeting with the Activities Coordinator, Lauren Prchal, before signing up for any activities.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Exercise Class 10:30-11:00 am Beadware 3:30-5:00 pm	2 Aktion Club Mtg. at the Church 4:15-5:15 pm	3	4 Project Art 3:30-5:00 pm Healthy Relationships Training 5:30-7:30 pm	5	6
7	8 Exercise Class 10:30-11:00 am Beadware 3:30-5:00 pm	9 Aktion Club Mtg. 4:15-5:15 pm Northwest Netwrk Mtg. 5:30-8:00 pm The Arc Board Meeting 6:00-7:00pm	10 Rec Night/St. Patrick's Dance 6-8pm	11 Project Art 3:30-5:00 pm Healthy Relationship Skill Training 5:30-7:30pm	12	13
14 Daylight Savings begins Spring Forward	15 Exercise Class 10:30-11:00 am Beadware 3:30-5:00 pm	16 Aktion Club Meeting 4:15-5:15 pm	17	18 Project Art 3:30-5:00 pm Healthy Relationship Training 5:30-7:30 pm	19	20
21/28	22/29 Exercise Class 10:30 -11:00 am Beadware 3:30-5:00 pm	23/30	24/31	25 Project Art 3:30-5:00 pm	26 Legal & Future Care Planning Seminar 9-4pm	27 Awareness & Resource Fair at Harlem H.S. 10:00am-2:00pm



Rec Night: St. Patrick's Party

Wednesday Mar. 10th

6:00-8:00pm at The Arc

\$3.00 per person.

Board Games, Dancing, Music,
Darts, Bumper Pool



1222 East State St
Rockford, IL 61104

Phone: 815 965 3455

Fax: 815 965 3673

www.arcwbo.org

E-mail: jackinb@arcwbo.org

Non profit org

US Postage

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Rockford, IL

permit No. 38

Our Vision:
A Society For All:
Equal Access,
Equal Opportunity
Empowerment



Access Service of Northern Illinois in partnership
with the Rockford Park District presents:

Awareness and Resource Fair (Formerly the Green Bear Fair)

Saturday, March 27th

10:00am-2:00pm

Harlem High School

9229 N. Alpine Rd,

Machesney Park, IL

www.accessni.com

The 18th Annual Great Home Giveaway is back in Rockford!

The groundbreaking
for the raffle house,
1817 Eden Place,
Rockford, IL 61107,
will be this month,
March 2010.



Tickets will go on
sale June 2010. Look for the floor plan in
April's calendar/newsletter!