



We serve people with disabilities through support and advocacy

1222 East State Street Rockford, IL 61104-2230 \* tel: 815 965 3455 \* Fax: 815 965 3673 \* www.arcwbo.org

# The 18th Annual Great Home Giveaway

1817 Eden Place, Rockford, IL 61107

Tickets go on sale June 2010.



**NEW Great Home Giveaway website with virtual tour coming soon!**

Visit [www.rockfordgreathomegiveaway.com](http://www.rockfordgreathomegiveaway.com) or [www.rockfordgreathomegiveaway.org](http://www.rockfordgreathomegiveaway.org). Thanks to Comtech Corporation.



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### What's Inside

- It's My L.I.F.E Celebration
- Northwest Network
- Rec Night
- Calendar
- Legislative Forum
- Skills Training



# SKILLS TRAINING

**Seating is limited.  
Call 815-965-3455 by  
May 3rd to sign up.**

The Arc is holding Skills Training for youth and adults interested in improving their social skills.

**Location:** The Arc,  
1222 E. State St. Rockford, IL

**Time:** 5:30pm – 7:30pm

## **Course 1-**

Thursday May  
6<sup>th</sup>, 13<sup>th</sup> and 20<sup>th</sup>

## **Course 2-**

Thursday June  
10<sup>th</sup>, 17<sup>th</sup> and 24<sup>th</sup>

## **Healthy Relationships and Sexuality**

Topics covered include:

- Private and Public Language and Behavior
- Friendship and Dating Communication
- Sexuality and Reproductive Health

## **It's My L.I.F.E.**

### **Living In Freedom and Equality**

Do you want more control over your life?

Do you want to lean about self-directed supports?

Do you want to make changes in the way Illinois provides services to people with developmental disabilities?

### **Come to the It's My L.I.F.E. Celebration!**

**Wednesday May 19th**

**9:30am-2:00pm at The Arc**

**Contact Jennifer Knapp at 217-714-6558 or  
jen@realchoiceinillinois.org to reserve your spot.**

*Sponsored by: Illinois Voices, Campaign for Real Choice in Illinois,  
Illinois Self-Advocacy Alliance for Change*

## **Legislative Forum**

**with the  
Family  
Support  
Network**



Tuesday, May 18th

5:30-8:30pm at The Arc

**Come learn more about current  
issues and how to communicate  
with your Legislators.**

**Call 815-965-3455 to sign up.**

## **May Rec Night**

Wednesday,  
May 12th

6:00-8:00pm

at The Arc

\$3.00 per

person.

*Spring is here!  
Outdoor games  
are back!*

Darts

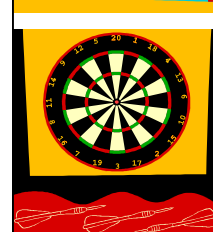
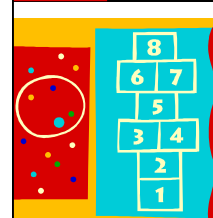
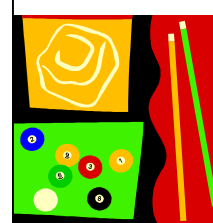
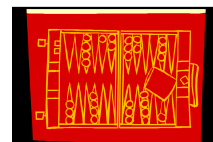
Music

Dancing

Bumper Pool

Board Games

Outdoor Games





The office will be closed Monday  
May 31st in observance of Memorial Day.



Anyone planning on coming to any Arc activity  
MUST sign up at least 48 hours in advance. Call  
(815) 965-3455. Right of admission reserved.

If you have never attended an Arc activity, or have not done so in the past year, you must schedule an intake meeting with the Activities Coordinator, Lauren Prchal, before signing up for any activities.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	<u>Beadware</u> 3:30-5:00 pm	<u>Aktion Club Mtg.</u> at Church 4:15-5:15 pm	5	<u>Project Art</u> 3:30-5:00 pm  <u>Life Skills</u> Training 5:30-7:30 pm	7	8
9	<u>Beadware</u> 3:30- 5:00 pm	<u>NW Network</u> 3:00-4:30 pm  <u>Aktion Club</u> 4:15- 5:15 pm  <u>The Arc Board</u> Meeting 5-6 pm	<u>Rec Night</u> 6:00 -8:00 pm	<u>Project Art</u> 3:30-5:00pm  <u>Life Skills</u> Training 5:30-7:30 pm	14	15
16	<u>Beadware</u> 3:30-5:00 pm	<u>Aktion Club Mtg.</u> 4:15-5:15 pm  <u>Legislative Forum</u> 5:30-8:30pm	<u>Its My L.I.F.E.</u> <u>Advocacy Event</u> 9:30 am-2:00 pm	<u>Project Art</u> 3:30-5:00 pm  <u>Life Skills</u> Training 5:30-7:30 pm	21	22
23	<u>Beadware</u> 3:30-5:00 pm	25	26	<u>Project Art</u> 3:30-5:00 pm	28	29
30	<u>Office Closed</u>					



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Rockford, IL

Permit No. 38



## Northwest Network Advisory Council

The Northwest Network Advisory Council meetings, often referred to as "the network" are now being held via **Tele-Video Conferencing** from **3:00-4:30pm** the **second Tuesday of odd numbered months (Jan-Mar-May-Jul-Sept-Nov)**. The network meeting will no longer be held at Milestone Training Center. You may participate in person at one of **five sites** or via **phone "call-in" number at 217-545-6649**.

The Tele-Conference sites are: DHS Division of Developmental Disabilities, Springfield; Kreider Services, Inc, Dixon; Malcolm Eaton Enterprises, Freeport; Jack Mabley Developmental Center, Dixon; and Singer Mental Health Center; Rockford.

For more information, contact The Arc at 815-965-3455 or Network Staff Kevin Byrd at 217-524-2517 or Linda Gonulsen at 217-524-2512.

Meetings are open to participants, parents, guardians, family members, advocates and service providers.